

Race Duathlon Αγώνας
 Προσθλήματος
 DATE 15/0
 3/20
 15
 Venue Pyrga

DUATHLON

OVERALL
 MEN

PL.	R. N	Last Name	First Name	CLUB	RUN-1	BIKE	RUN-2	TOTAL
1	5	Costantin	Marian	Other	00:18:33	00:55:45	00:19:28	01:33:46
2	1	Djakouris	Andreas	Bikin' Cyprus	00:19:43	00:56:17	00:21:39	01:37:39
3	12	Paps	Dimos	Paphos Nautical Club	00:18:44	00:57:49	00:21:53	01:38:26
4	11	Kathidjiotis	Charalampos	Paphos Nautical Club	00:20:38	00:56:25	00:21:48	01:38:51
5	86	Rubin	Dmitry		00:20:19	00:59:36	00:19:03	01:38:58
6	7	Pettemeridis	Nektarios	Famagusta Nautical Club	00:20:43	01:00:16	00:21:56	01:42:55
7	89	Myliades	Andreas		00:21:43	00:56:56	00:24:23	01:43:02
8	8	Tseronis	Tasos	Nireas Triathlon Club	00:19:30	01:05:41	00:19:17	01:44:28
9	20	Pengas	George	---	00:20:53	01:02:35	00:21:21	01:44:49
10	28	Christou	Christos	Famagusta Nautical Club	00:22:07	01:01:32	00:22:58	01:46:37
11	29	Irzenski	Aristotelis	Famagusta Nautical Club	00:20:36	01:02:55	00:23:32	01:47:03
12	10	Kaponas	Giorgos	Paphos Nautical Club	00:22:27	01:01:19	00:23:21	01:47:07
13	32	Komodromos	Christos	Paphos Nautical Club	00:22:23	01:01:38	00:23:17	01:47:18
14	14	Georgiou	Charalampos	Famagusta Nautical Club	00:20:29	01:01:11	00:26:02	01:47:42
15	31	Tryfonas	Attipas	Paphos Nautical Club	00:20:41	01:06:36	00:22:24	01:49:41
16	35	Hayes	Daniel	Bikin' Cyprus	00:20:14	01:09:47	00:22:51	01:52:52
17	9	Savva	Orestis	Bikin' Cyprus	00:21:49	01:08:09	00:23:44	01:53:42
18	13	Stephanos	Manolis	Paphos Nautical Club	00:24:28	01:03:04	00:26:22	01:53:54
19	6	Iosif	Andreas	Famagusta Nautical Club	00:22:25	01:06:46	00:24:53	01:54:04
20	2	Michael	Phedon	Famagusta Nautical Club	00:24:09	01:04:51	00:27:10	01:56:10
21	21	Georgiou	George	---	00:20:46	01:10:54	00:24:34	01:56:14
22	3	Zafiriadis	Diamantis	Famagusta Nautical Club	00:25:26	01:04:29	00:26:33	01:56:28
23	69	Karagiannis	Emilios	---	00:22:20	01:10:15	00:24:32	01:57:07
24	33	Anastasiou	Tasos	Nireas Triathlon Club	00:23:45	01:10:09	00:24:51	01:58:45
25	24	Ioannides	Giorgos	Paphos Nautical Club	00:22:29	01:11:19	00:25:31	01:59:19
26	40	Konstantinidis	Giorgos	---	00:22:04	01:13:23	00:23:53	01:59:20
27	16	Panaiyiotou	Panaiyiotis	Kyrenia Nautical Club	00:25:02	01:08:52	00:26:08	02:00:02
28	17	Kypros	Filokyprou	Nireas Triathlon Club	00:23:41	01:11:57	00:24:32	02:00:10
29	38	Georgiou	Marinos	---	00:23:39	01:11:47	00:25:13	02:00:39
30	39	Kezarides	Antreas	---	00:25:47	01:07:36	00:27:18	02:00:41
31	26	Awad	Yiannis	Bikin' Cyprus	00:23:20	01:09:45	00:27:47	02:00:52
32	36	Christodoulou	Andreas	---	00:22:22	01:11:22	00:27:56	02:01:40
33	42	Takopoulos	Kostas	---	00:24:34	01:11:36	00:26:10	02:02:20

34	90	Hadjisoteriou	Ioannis	Famagusta Nautical Club	00:24:49	01:09:36	00:28:26	02:02:51
35	34	Petrou	Petros	---	00:24:38	01:10:56	00:27:46	02:03:20
36	30	Neophytou	Constantinos	Nireas Triathlon Club	00:24:50	01:12:33	00:29:03	02:06:26
37	23	Ioannou	Nikos	---	00:25:54	01:13:38	00:28:23	02:07:55
38	46	Vasiloudes	Vasilis	Bikin' Cyprus	00:27:43	01:11:37	00:28:53	02:08:13
39	25	Vrioni	Marios	---	00:25:18	01:14:41	00:28:24	02:08:23
40	37	Kontemeniotis	Fivos	Famagusta Nautical Club	00:26:23	01:14:20	00:27:46	02:08:29
41	45	Achilleos	Achilleas	---	00:25:49	01:19:12	00:33:50	02:18:51
42	88	Apostolou	Giorgos	---	00:27:01	01:19:24	00:35:06	02:21:31
43	83	Djem	Daelen	---	00:21:09			DNF
44	27	Kadis	Giorgos	Bikin' Cyprus	00:25:52			DNF
45	4	Kounoumis	Alexandros	Famagusta Nautical Club	00:30:34			DNF

OVERALL
WOMEN

PLACE NUMBER	LAST NAME	FIRST NAME	CLUP	RUN-1	BIKE	RUN-2	TOTAL	
1	49	Chapoupi	Yiota	Famagusta Nautical Club	00:21:19	01:04:03	00:21:13	01:46:35
2	48	Michaelide	Demetra	Bikin' Cyprus	00:23:51	01:05:29	00:28:05	01:57:25
3	52	Anderson	Janet	Nireas Triathlon Club	00:24:50	01:11:33	00:27:24	02:03:47
4	50	Ioannou	Stavroulla	Famagusta Nautical Club	00:26:24	01:13:42	00:28:25	02:08:31
5	51	Matsi	Sofia	Nireas Triathlon Club	00:27:23	01:15:22	00:29:28	02:12:13
6	47	Polydorou	Elina	Bikin' Cyprus	00:28:01	01:17:54	00:34:10	02:20:05

SPRINT
DUATHLON

OVERALL
MEN

PLACE NUMBER	LAST NAME	FIRST NAME	CLUP	RUN-1	BIKE	RUN-2	TOTAL	
1	84	Beisenbayev	Ayan		00:08:02	00:36:37	00:08:12	00:52:51
2	85	Temirov	Temirlan		00:07:57	00:36:40	00:08:29	00:53:06
3	58	Krestyaninov	Vasily	---	00:07:56	00:36:49	00:08:32	00:53:17
4	60	Antoniou	Stavros	Famagusta Nautical Club	00:08:56	00:38:42	00:09:51	00:57:29
5	56	Kuska	Viktor	APOEL	00:10:24	00:42:47	00:12:18	01:05:29
6	65	Stylianou	Pavlos	---	00:09:21	00:45:07	00:12:33	01:07:01
7	71	Drakos	Antonis	---	00:11:22	00:46:23	00:12:48	01:10:33
8	62	Papaefstathiou	Vasilis	---	00:13:23	00:43:46	00:15:24	01:12:33
9	74	Bonilla	Alvaro	Nireas Triathlon Club	00:11:06	00:49:31	00:12:38	01:13:15
10	55	Solomou	Marios	Bikin' Cyprus	00:12:21	00:48:08	00:13:10	01:13:39
11	66	Vasiliou	Marios	Nireas Triathlon Club	00:11:45	00:49:07	00:13:06	01:13:58
12	70	Toumasis	Tasos	Famagusta Nautical Club	00:10:49	00:50:14	00:13:46	01:14:49
13	73	Kyriakides	Alexis	---	00:12:41	00:49:40	00:14:29	01:16:50
14	67	Michael	Michalis	Bikin' Cyprus	00:11:19	00:52:50	00:13:53	01:18:02
15	75	Sophokleous	Sophoklis	---	00:12:47	00:51:54	00:14:29	01:19:10
16	68	Loucaides	Nicos	---	00:13:00	00:52:18	00:14:39	01:19:57
17	72	Congreve	David	---	00:12:39	00:57:39	00:14:38	01:24:56
18	87	Mesologitis	Nicholas	---	00:13:08	01:08:54	00:15:42	01:37:44
19	54	Kuriakou	Sotiris	Other	00:10:23	01:29:37	00:13:59	01:53:59

OVERALL
WOMEN

PLACE NUMBER	LAST NAME	FIRST NAME	CLUP	RUN-1	BIKE	RUN-2	TOTAL
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ER										
1	59	Golofeeva	Yulia	---		00:09:50	00:43:10	00:10:22	01:03:22	
2	57	Kouzi	Eleni	Bikin' Cyprus		00:12:54	00:52:57	00:18:39	01:24:30	
3	77	Georgiou	Rea	Nireas Triathlon Club		00:13:17	00:57:12	00:15:02	01:25:31	
4	78	Kyriacou	Maria	---		00:12:56	01:00:59	00:14:05	01:28:00	
5	79	Karafokas	Barbara	---		00:13:12	01:00:48	00:15:08	01:29:08	

TEAM
RELAY

PL.	R.N	Team N.	CLUB	RUN-1	BIKE	RUN-2	TOTAL	RUN-1	BIKE	RUN-2	
1	119	Omonoia	---	00:21:45	00:51:31	00:24:26	01:37:42	Papageorgiou Giannis	Loizou Christos	Papageorgiou Giannis	
2	112	Petrou	Christakis	---	00:21:48	00:57:26	00:22:30	01:41:44	Stefanos Fattas	Christakis Petrou	Stefanos Fattas
3	118	MI-TE	---	00:21:13	00:57:47	00:23:48	01:42:48	Theocharides Michales	Fegaras Theodoros	Theocharides Michales	
4	111	Climbers	Larnaca Nautical Club	00:22:38	00:59:38	00:24:00	01:46:16	Harry Yiemenitsi	Andreas Andreou	Harry Yiemenitsi	
5	117	Statler and Waldorf	Nireas Triathlon Club	00:23:50	00:59:53	00:25:06	01:48:49	Bambos Spanoudes	Panagiotis Ntais	Bambos Spanoudes	
6	113	GEOLAB	---	00:24:06	01:00:27	00:25:55	01:50:28	Gabriel Georgiades	Panikos Teklos	Gabriel Georgiades	
7	115	Nireas Family	Nireas Triathlon Club	00:24:04	01:10:51	00:24:26	01:59:21	Andreas Photiades	Andri Poyiatzi	Andreas Photiades	
8	116	Pokemon	---	00:25:50	01:06:50	00:31:15	02:03:55	Giorgos Polykarpou	Andreas Kyprianou	Despina Chapoupi	
9	120	Yildizian	Nayiri Garod	---	00:26:00	01:14:40	00:25:56	02:06:36	Nayiri Garod Yildizian	Panayiotis Nikolla	Nayiri Garod Yildizian
10	114	AISC	Bikin' Cyprus	00:28:17	01:15:03	00:30:32	02:13:52	Laramie Shockey	Riana Marathefti	Laramie Shockey	

DUATHLON
FEDERATION
LICENCE

MEN 17-
19

PLA CE	RA CE NU MB ER	Last Name	First Name	CLUP	RUN-1	BIKE	RUN-2	TOTAL
1	26	Awad	Yiannis	Bikin' Cyprus	00:23:20	01:09:45	00:27:47	02:00:52
2	27	Kadis	Giorgos	Bikin' Cyprus	00:25:52			DNF

MEN 20-
39

PLA CE	RA CE NU MB ER	Last Name	First Name	CLUP	RUN-1	BIKE	RUN-2	TOTAL
1	5	Costantin	Marian	---	00:18:33	00:55:45	00:19:28	01:33:46
2	1	Djakouris	Andreas	Bikin' Cyprus	00:19:43	00:56:17	00:21:39	01:37:39
3	12	Paps	Dimos	---	00:18:44	00:57:49	00:21:53	01:38:26
4	11	Kathidjiotis	Charalampos	---	00:20:38	00:56:25	00:21:48	01:38:51
5	7	Pettemeridis	Nektarios	Famagusta Nautical Club	00:20:43	01:00:16	00:21:56	01:42:55
6	10	Kaponas	Giorgos	---	00:22:27	01:01:19	00:23:21	01:47:07
7	14	Georgiou	Charalampos	Famagusta Nautical Club	00:20:29	01:01:11	00:26:02	01:47:42
8	9	Savva	Orestis	Bikin' Cyprus	00:21:49	01:08:09	00:23:44	01:53:42
9	13	Stephanos	Manolis	---	00:24:28	01:03:04	00:26:22	01:53:54
10	6	Iosif	Andreas	Famagusta Nautical Club	00:22:25	01:06:46	00:24:53	01:54:04
11	2	Michael	Phedon	Famagusta Nautical Club	00:24:09	01:04:51	00:27:10	01:56:10
12	3	Zafiriadis	Diamantis	Famagusta Nautical Club	00:25:26	01:04:29	00:26:33	01:56:28
13	16	Panaiyiotou	Panaiyiotis	Kyrenia Nautical Club	00:25:02	01:08:52	00:26:08	02:00:02
14	17	Kypros	Filokyprou	Nireas Triathlon Club	00:23:41	01:11:57	00:24:32	02:00:10
15	90	Hadjisoteriou	Ioannis	Famagusta Nautical Club	00:24:49	01:09:36	00:28:26	02:02:51
16	4	Kounoumis	Alexandros	Famagusta Nautical Club	00:30:34			DNF

MEN 40+

PLA CE	RA CE NU MB ER	Last Name	First Name	CLUP	RUN-1	BIKE	RUN-2	TOTAL
1	28	Christou	Christos	Famagusta Nautical Club	00:22:07	01:01:32	00:22:58	01:46:37
2	29	Irzenski	Aristotelis	Famagusta Nautical Club	00:20:36	01:02:55	00:23:32	01:47:03
3	32	Komodromos	Christos	---	00:22:23	01:01:38	00:23:17	01:47:18
4	31	Tryfonas	Attipas	---	00:20:41	01:06:36	00:22:24	01:49:41
5	35	Hayes	Daniel	Bikin' Cyprus	00:20:14	01:09:47	00:22:51	01:52:52
6	33	Anastasiou	Tasos	Nireas Triathlon Club	00:23:45	01:10:09	00:24:51	01:58:45
7	36	Christodoulou	Andreas	---	00:22:22	01:11:22	00:27:56	02:01:40
8	34	Petrou	Petros	---	00:24:38	01:10:56	00:27:46	02:03:20
9	30	Neophytou	Constantinos	Nireas Triathlon Club	00:24:50	01:12:33	00:29:03	02:06:26
10	37	Kontemeniotis	Fivos	Famagusta Nautical Club	00:26:23	01:14:20	00:27:46	02:08:29
11	88	Apostolou	Giorgos	---	00:27:01	01:19:24	00:35:06	02:21:31

WOMEN

17-19

PLA CE	RA CE NU MB ER	Last Name	First Name	CLUP	RUN-1	BIKE	RUN-2	TOTAL
1	47	Polydorou	Elina	Bikin' Cyprus	00:28:01	01:17:54	00:34:10	02:20:05

WOMEN

20-39

PLA CE	RA CE NU MB ER	Last Name	First Name	CLUP	RUN-1	BIKE	RUN-2	TOTAL
1	49	Chapoupi	Yiota	Famagusta Nautical Club	00:21:19	01:04:03	00:21:13	01:46:35
2	48	Michaelide	Demetra	Bikin' Cyprus	00:23:51	01:05:29	00:28:05	01:57:25
3	50	Ioannou	Stavroulla	Famagusta Nautical Club	00:26:24	01:13:42	00:28:25	02:08:31
4	51	Matsi	Sofia	Nireas Triathlon Club	00:27:23	01:15:22	00:29:28	02:12:13

SPRINT DUATHLON
FEDERATION
LICENCEMEN 14-
16

PLA CE	RA CE NU MB ER	Last Name	First Name	CLUP	RUN-1	BIKE	RUN-2	TOTAL
1	55	Solomou	Marios	Bikin' Cyprus	00:12:21	00:48:08	00:13:10	01:13:39
2	54	Kuriakou	Sotiris	Other	00:10:23	01:29:37	00:13:59	01:53:59

MEN 20-
39

PLA CE	RA CE NU MB ER	Last Name	First Name	CLUP	RUN-1	BIKE	RUN-2	TOTAL
1	60	Antonioni	Stavros	Famagusta Nautical Club	00:08:56	00:38:42	00:09:51	00:57:29
2	62	Papaefstathiou	Vasilis	---	00:13:23	00:43:46	00:15:24	01:12:33
3	61	Sofokleous	George	Kyrenia Nautical Club				DNS
4	63	Efstathiou	Demetris	Kyrenia Nautical Club				DNS

WOMEN

14-16

PLA CE	RA CE NU MB ER	Last Name	First Name	CLUP	RUN-1	BIKE	RUN-2	TOTAL
1	57	Kouzi	Eleni	Bikin' Cyprus	00:12:54	00:52:57	00:18:39	01:24:30

MEN 40+									
PLA CE	RA CE NU MB ER	Last Name	First Name	CLUP	RUN-1	BIKE	RUN-2	TOTAL	
1	71	Drakos	Antonis	---	00:11:22	00:46:23	00:12:48	01:10:33	

DUATHL
ON
OPEN

MEN 17-19									
PLA CE	RA CE NU MB ER	Last Name	First Name	CLUP	RUN-1	BIKE	RUN-2	TOTAL	
1	86	Rubin	Dmitry	---	00:20:19	00:59:36	00:19:03	01:38:58	
2	89	Myliadiades	Andreas	---	00:21:43	00:56:56	00:24:23	01:43:02	

MEN 20-39

PLA CE	RA CE NU MB ER	Last Name	First Name	CLUP	RUN-1	BIKE	RUN-2	TOTAL	
1	8	Tseronis	Tasos	Nireas Triathlon Club	00:19:30	01:05:41	00:19:17	01:44:28	
2	20	Pengas	George	---	00:20:53	01:02:35	00:21:21	01:44:49	
3	21	Georgiou	George	---	00:20:46	01:10:54	00:24:34	01:56:14	
4	24	Ioannides	Giorgos	---	00:22:29	01:11:19	00:25:31	01:59:19	
5	23	Ioannou	Nikos	---	00:25:54	01:13:38	00:28:23	02:07:55	
6	25	Vrioni	Marios	---	00:25:18	01:14:41	00:28:24	02:08:23	

MEN 40+

PLA CE	RA CE NU MB ER	Last Name	First Name	CLUP	RUN-1	BIKE	RUN-2	TOTAL	
1	40	Konstantinidis	Giorgos	---	00:22:04	01:13:23	00:23:53	01:59:20	
2	38	Georgiou	Marinos	---	00:23:39	01:11:47	00:25:13	02:00:39	
3	39	Kezarides	Antreas	---	00:25:47	01:07:36	00:27:18	02:00:41	
4	42	Takopoulos	Kostas	---	00:24:34	01:11:36	00:26:10	02:02:20	
5	46	Vasiloudes	Vasilis	Bikin' Cyprus	00:27:43	01:11:37	00:28:53	02:08:13	
6	45	Achilleos	Achilleas	---	00:25:49	01:19:12	00:33:50	02:18:51	

WOMEN
40+

PLA CE	RA CE NU MB ER	Last Name	First Name	CLUP	RUN-1	BIKE	RUN-2	TOTAL	
1	52	Anderson	Janet	Nireas Triathlon Club	00:24:50	01:11:33	00:27:24	02:03:47	

SPRINT DUATHLON
OPEN

MEN 14-16									
PLA CE	RA CE NU MB ER	Last Name	First Name	CLUP	RUN-1	BIKE	RUN-2	TOTAL	
1	56	Kuska	Viktor	APOEL	00:10:24	00:42:47	00:12:18	01:05:29	
2	87	Mesologitis	Nicholas	---	00:13:08	01:08:54	00:15:42	01:37:44	

MEN 17-19

PLA CE	RA CE NU MB ER	Last Name	First Name	CLUP	RUN-1	BIKE	RUN-2	TOTAL	
1	84	Beisenbayev	Ayan	---	00:08:02	00:36:37	00:08:12	00:52:51	
1	85	Temirov	Temirlan	---	00:07:57	00:36:40	00:08:29	00:53:06	
2	58	Krestyanino	Vasily	---	00:07:56	00:36:49	00:08:32	00:53:17	

MEN 20-39

PLA CE	RA CE NU MB ER	Last Name	First Name	CLUP	RUN-1	BIKE	RUN-2	TOTAL
1	65	Stylianou	Pavlos	---	00:09:21	00:45:07	00:12:33	01:07:01
2	66	Vasiliou	Marios	Nireas Triathlon Club	00:11:45	00:49:07	00:13:06	01:13:58
3	70	Toumasis	Tasos	Famagusta Nautical Club	00:10:49	00:50:14	00:13:46	01:14:49
4	67	Michael	Michalis	Bikin' Cyprus	00:11:19	00:52:50	00:13:53	01:18:02
5	68	Loucaides	Nicos	---	00:13:00	00:52:18	00:14:39	01:19:57
6	69	Karagiannis	Emilios	---	00:22:20	01:10:15	00:24:32	01:57:07
7	64	Yakovlev	Sergey	---				DNS

MEN 40+

PLA CE	RA CE NU MB ER	Last Name	First Name	CLUP	RUN-1	BIKE	RUN-2	TOTAL
1	74	Bonilla	Alvaro	Nireas Triathlon Club	00:11:06	00:49:31	00:12:38	01:13:15
2	73	Kyriakides	Alexis	---	00:12:41	00:49:40	00:14:29	01:16:50
3	75	Sophokleous	Sophoklis	---	00:12:47	00:51:54	00:14:29	01:19:10
4	72	Congreve	David	---	00:12:39	00:57:39	00:14:38	01:24:56

WOMEN
17-19

PLA CE	RA CE NU MB ER	Last Name	First Name	CLUP	RUN-1	BIKE	RUN-2	TOTAL
1	59	Golofeeva	Yulia	---	00:09:50	00:43:10	00:10:22	01:03:22

WOMEN
40+

PLA CE	RA CE NU MB ER	Last Name	First Name	CLUP	RUN-1	BIKE	RUN-2	TOTAL
1	77	Georgiou	Rea	Nireas Triathlon Club	00:13:17	00:57:12	00:15:02	01:25:31
2	78	Kyriacou	Maria	---	00:12:56	01:00:59	00:14:05	01:28:00
3	79	Karafoka	Barbara	---	00:13:12	01:00:48	00:15:08	01:29:08